

ACTIVITY HANDOUT: STRESS CONNECTION SCENARIO CARDS

[MODULE 2: Disability, Feeding, and Nutrition in Children]



SCENARIO CARD 1

Mother: The mother is experiencing severe postpartum depression and has difficulty bonding with her infant.

Infant: The infant is colicky and cries for long periods each night.

Healthcare Provider: The healthcare provider is feeling overwhelmed with a high caseload and lacks adequate support.



SCENARIO CARD 2

Mother: The mother has a physical disability that makes it challenging to perform daily childcare tasks.

Infant: The infant has a congenital heart defect that requires regular medical visits.

Healthcare Provider: The healthcare provider did not get the pay increase she was expecting since taking on new responsibilities.



SCENARIO CARD 3

Mother: The mother is a single parent and is struggling with financial instability.

Infant: The child has been diagnosed with cerebral palsy and has difficulty feeding himself.

Healthcare Provider: The healthcare provider feels guilty for spending little time with her young children because of her long working hours.



SCENARIO CARD 4

Mother: The mother is feeling depressed after a traumatic birth experience and her infant's condition.

Infant: The infant has a cleft lip and milk often gets into his nose. He is not gaining weight as expected.

Healthcare Provider: The healthcare provider is under pressure from her supervisor to reduce consultation times, leading to rushed appointments.

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SCENARIO CARD 5

Mother: The mother has a chronic illness that limits her energy and ability to care for her child.

Infant: The child has cerebral palsy and is experiencing frequent respiratory infections.

Healthcare Provider: The healthcare provider is coping with grief after the recent loss of a close family member.

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SCENARIO CARD 6

Mother: The mother is deaf or hard of hearing, making communication and receiving support challenging.

Infant: The child is showing signs of developmental delay and has poor appetite.

Healthcare Provider: The healthcare provider is coping with grief after a recent miscarriage.

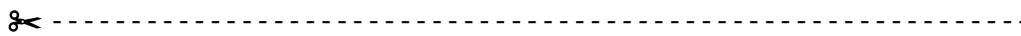
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SCENARIO CARD 7

Mother: The mother is facing stigma within her community due to her child's disability.

Infant: The child has Down syndrome. He has intellectual delays and is often constipated.

Healthcare Provider: The healthcare provider is working in an emergency context with limited resources, making it difficult to provide adequate care.



SCENARIO CARD 8

Mother: The mother is dealing with anxiety and is constantly worried about her child's weight.

Infant: The child has autism and refuses to eat most foods.

Healthcare Provider: The healthcare provider is frustrated by a recent interaction she had with an uncooperative mother.

